What is a Bullet Journal?

A simple, flexible, analog productivity system for tasks, events, and notes. More plainly: a paper notebook you customize to track your tasks, plan your activities, manage your readings, track your habits, and organize your life. The possibilities are endless, so take a look at the resources below to get started on your own bullet journal!

**Getting Started**

[The Original Bullet Journal](#): Ryder Carrol – the creator of the bullet journal system – has a detailed website with a 5 minute tutorial and lots of examples. This is the best place to start if you are new to bullet journaling.

**Supplies**

Many in the BuJo community are highly artistic, and very interested in specialized notebooks and writing implements. Spend a few minutes watching any BuJo tutorial and you'll understand. But special tools and detailed artwork, while fun for many, are by no means necessary! Here's what you need:

1. A notebook.
2. A pen or pencil.

That's it! Everything else is optional.

**A Note on the Notebook:**

The traditionally recommended notebook is A5 size (approx. 5.8 x 8.3 in), with dot grid pages. The Leuchtturm1917 notebook is particularly popular, though it's by no means the only game in town. You can use any size, any paper type, any pen or pencil, and you don't have to use dot grid. Some prefer grid-lined, college ruled, or blank notebooks. It all comes down to what works for you.

More Resources:

- [How To Bullet Journal: The Absolute Ultimate Guide](#)
- [Bullet Journaling for the Modern Law Librarian](#) (tips from your librarian - Virginia Neisler)
- [Ultimate Bullet Journal Cheat Sheet](#)